



Internet Safety *Protecting yourself and your family*

GENERAL SAFETY

BE CAREFUL WHAT YOU POST

Any comment or photo you post can be copied before you have a chance to remove it.

CHECK YOUR SETTINGS

Be sure to use the privacy settings on social networks.

STAY PROTECTED

Protect your data with strong passwords and never share personal information with strangers.

SAFEGUARD YOUR DEVICES

Ignore emails from unknown senders and do not visit unsafe websites. Keep your antivirus up to date and perform routine virus scans.

SHOP SAFE

Ensure you are shopping on a safe site by making sure the site is running on HTTPS and there is a padlock in the address bar.

TIPS FOR PARENTS

USE SAFETY SETTINGS

Take the time to research parental controls on all devices.

KNOW PASSWORDS

Help your children set up the accounts so you know usernames and passwords.

COMMUNICATE

Set clear rules and guidelines, including time limits and consequences for inappropriate behavior, but be open so your child will come to you with any problems.

APPROVE DOWNLOADS

Make sure you understand the app or software and approve their content before downloading.

CHECK IN

Check in from time to time and go through accounts. Check sent/received messages and ask your child what they have been doing online.

TIPS FOR CHILDREN & TEENS

Be Kind and Respectful to Others

Do Not Accept Friend Requests from Strangers

Never Share Personal Details Like Your Address, School or Phone Number

Report Cyberbullying to a Parent or Trusted Adult



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