

# Steps in the Hiring Process

## Background Checks

- Criminal History
- Drivers History
- Work History

## Physical Agility Test

- 22 Push-ups in one minute
- 25 Sit-ups in one minute
- Obstacle Course in one and a half minutes
  - 6 foot wall
  - weight drag (160 lbs for ten feet)
  - 6 foot balance beam
  - go through a window
  - push a car 30 feet
  - 20 yards sprinting between each obstacle
- Mile and a half run in 15 minutes & 28 seconds

## Formal Interviews

- Initial Interview *followed by* a Staff Interview
- All answers are recorded

## Pre-Employment Aptitude Test

- Designed for entry level
- Administered by Opelika's Human Resources Department
- Minimum score of 70 required

## Polygraph Test

- Very comprehensive
- Usually takes two – three hours

*Note: If you are offered a position your last step will be to pass a medical exam and a drug screening test.*