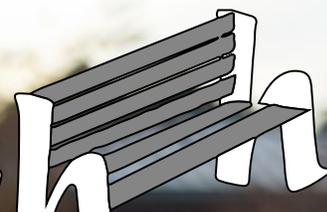


The

Park Bench



Fall 2015

What's Inside?

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The Great Pumpkin Splash p. 14

Geocaching Event p. 15

Fall Registration

Registration for most

fall activities and

programs begins

Monday, August 3rd.





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Aquatics	p. 10
Sports	p. 11-13

facilities

Calhoun Tennis Center	(334) 705-5556
1102 Denson Drive	
Covington Rec Center	(334) 705-5550
213 Carver Avenue	
Denson Drive Rec. Center	(334) 705-5547
1102 Denson Drive	
Opelika SportsPlex	(334) 705-5560
1001 Andrews Road	
Spring Villa Park	(334) 705-5552
1474 Lee Road 148	

parks

Floral Park	600 Floral Street
Bandy Park	Jeter Street
Miles Thomas Field	1104 Rocky Brook Rd
Municipal Park	Municipal Park Drive
Shady Park	Pepperell Village
West Ridge Park	1600 Covington Avenue

phone numbers

Athletics	
Baseball	(334) 705-2490
Basketball	(334) 705-2490
Football	(334) 705-5553
Soccer	(334) 705-2490
Softball	(334) 705-2490
T-ball	(334) 705-2490
Tennis	(334) 705-5556
Track	(334) 705-5553
Tumbling	(334) 705-5547
Aquatics Center	(334) 705-2488
Fitness Center	(334) 705-2486
Park Reservations	(334) 705-5547
Room Reservations	(334) 705-5560

Welcome to the Fall 2015 Park Bench!

Our goal is to continue to be your #1 leisure service provider. It is our pleasure to acquaint you with a diversified listing of our services, programs and special offerings! Plan ahead for those special classes and activities that interest you. Our programs offer many wonderful possibilities for youth, adults and family involvement in a safe, positive environment.

WE CARE...

We care about YOU and what you think about the services we provide! Please help us to serve you better by sharing your comments, questions and suggestions with our staff. Tell us what we are doing well and what needs improvement. Visit our facilities, call us at 334-705-5560, email lchesser@opelika-al.gov or mail P.O. Box 1026, Opelika AL 36803.

City of Opelika, Parks and Recreation Department



Cancellation Policy

All programs have maximum and minimum enrollment. These numbers are set by the instructors. If maximums are exceeded, waiting lists will be made and additional classes added if warranted. Classes may be cancelled due to insufficient enrollment.

Preschool Activities

OPELIKA PARKS AND RECREATION

Covington Preschool

Enrolling now for fall! Structured learning environment to get your child ready for school! Hurry in! Spaces filling quickly!!!

FEE: \$25 weekly (registration \$25)
AGES: 3 or 4 (age before Sept. 2)
REGISTRATION: Begins May 1
SESSION: Begins Aug. 10
DAYS: Monday-Friday
TIME: 8:00 a.m.-12:00 p.m.
LOCATION: Covington Center
INSTRUCTOR: Shirley Carter
and Kim Mann

Parent and Me Tumbling

Parents must participate in helping child. Max of 5 per class.

FEE: \$45/8 weeks
AGES: 2-3 years
FALL REGISTRATION: July 20-Aug 7
FALL SESSION: Aug. 10-Oct. 1
No gym Sept. 7
HOLIDAY REG: Sept 21-Oct 16
HOLIDAY SESSION: Oct. 19-Dec. 17
No gym Nov. 23-26
DAYS: Mon 6:00 p.m.
Wed. 10:00 a.m.
Wed. 6:00 p.m.
Thurs. 6:00 p.m.
LOCATION: Denson Drive Rec

Tumble Tots

FEE: \$45/8 weeks
AGES: 4 year olds
FALL REGISTRATION: July 20-Aug 7
FALL SESSION: Aug. 10-Oct. 1
No gym Sept. 7
HOLIDAY REG: Sept 21-Oct 16
HOLIDAY SESSION: Oct. 19-Dec. 17
No gym Nov. 23-26
DAYS: Tues. 6:00-6:30 p.m.
Wed. 10:30-11:00 a.m.
Thurs. 10:30-11:00 a.m.
LOCATION: Denson Drive Rec

Parent and Me Swimming Lessons

Aquatics, page 10 for more info.

Holiday Activities

A 10% FEE INCREASE WILL BE APPLIED TO REGISTRATIONS FROM ALL OUT OF TOWN GUESTS

Fall Treats

Make fun treats with a fall theme!

FEE: \$15
AGES: 5-9
REGISTRATION: Begins August 3
DAY: October 15
TIME: 3:30-4:30 p.m.
LOCATION: Covington Center

Halloween Treat Bags

Make treat bags for all your Halloween trick or treating!

FEE: \$15
AGES: 4-12
REGISTRATION: Begins August 3
DAY: October 28
TIME: 3:30-4:30 p.m.
LOCATION: Covington Center

Christmas Wreaths

Decorate wreaths with all your favorite things and hang on your door to display at Christmas!

FEE: \$15
AGES: 5-12
REGISTRATION: Begins Aug. 3
DAYS: December 1
TIME: 3:30-4:30 p.m.
LOCATION: Covington Center

Christmas Crafts

Fun crafts for the holidays.

FEE: \$15
AGES: 6-10
REGISTRATION: Begins Aug. 3
DAYS: December 21
TIME: 2:00-3:00 p.m.
LOCATION: Covington Center

Christmas Ball

Social outlet for mentally challenged adults.
In conjunction with EAMH-MR

FEE: FREE
AGES: Adults
DAY: Friday, December 4
TIME: 6:00-8:00 p.m.
LOCATION: Covington Center

**FALL 2015
ACTIVITY GUIDE**

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A 10% FEE INCREASE WILL BE APPLIED TO REGISTRATIONS FROM ALL OUT OF TOWN GUESTS

Creative Dance

Explore a combination of dance styles from hip hop to contemporary!

FEE: \$30 per month
AGES: 5 and up
SESSION: Year Round
DAYS: Mondays
TIME: 5:00-6:00 p.m.
LOCATION: Covington Center
INSTRUCTOR: Jamal Trimble

Baton

Batons can be purchased at the time of registration at the SportsPlex front desk for \$15.

FEE: \$50
AGES: 5-12
SESSION: Sept. 8-Christmas Parade
DAYS: Monday evenings
TIME:
Beginner/Intermediate- 5:45-6:30
Advanced- 6:30-7:15
High School Basics- 7:15-8:00
LOCATION: Opelika SportsPlex
INSTRUCTOR: Jenny Jones

FALL 2015 ACTIVITY GUIDE

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Pizza Pizzazz

Mamma Mia! Prepare pizza in three different styles!

FEE: \$15
AGES: 6-11
REGISTRATION: Begins Aug. 3
DAY: Thurs., Sept. 17
TIME: 3:30-4:30 p.m.
LOCATION: Covington Center

Fun Time/Juice Party with Teddy

Bring Teddy or your favorite toy to play games with!

FEE: \$15
AGES: 5-10
REGISTRATION: Begins Aug. 3
DAY: December 22
TIME: 9:00-12:00 p.m.
LOCATION: Covington Center
INSTRUCTOR: Patrice Lipscomb

Kids in the Kitchen

Hands on fun making delicious child-proof foods!

FEE: \$15
AGES: 4-7
REGISTRATION: Begins Aug. 3
DAY: October 1
TIME: 3:30-4:30 p.m.
LOCATION: Covington Center
INSTRUCTOR: Patrice Lipscomb

Totally Sports

Sports, sports and more sports! Come enjoy, flag football, basketball and more!

FEE: \$25
AGES: 5-12
REGISTRATION: Begins Aug. 3
DAY: December 29
TIME: 9:00 a.m.-1:00 p.m.
LOCATION: Covington Center
INSTRUCTOR: David Scott
and Patrice Lipscomb





Therapeutic Basketball

Practice and enjoy organized games.

FEE: FREE
AGES: Adult
REGISTRATION: Begins Aug. 3
DAYS: September 22
TIME: 1:00-3:00 p.m.
LOCATION: Covington Center

Expressions of a Braveheart

Braveheart is a fine arts program offering art, music, and dance classes to youth and young adults with moderate to severe disabilities. Schedule will be given out on the first day. For more info please contact John Huling at 705-5560 or JHuling@opelika-al.gov.

FEE: FREE
AGES: 11-21 years
SESSION: Begins Sept. 14th
TIME: 5:30-7:00 p.m.
LOCATION: Opelika SportsPlex

Special Olympics Swim Team

Participants must have an intellectual disability. For more information please contact John Huling at 705-5560 or JHuling@opelika-al.gov.

AGES: 8 years or older
SEASON: November-May
DAYS: Wednesdays
TIME: 4:15-5:15 p.m.
LOCATION: Opelika SportsPlex
COORDINATOR: John Huling

Christmas Ball

Social outlet for mentally challenged adults.
In conjunction with EAMH-MR

FEE: FREE
AGES: Adults
DAY: Friday, December 4
TIME: 6:00-8:00 p.m.
LOCATION: Covington Center

Awesome Goals Soccer

AGS is designed to give children with physical or mental limitations soccer experience. AGS will focus on learning soccer skills in an accepting and safe atmosphere. Physician's forms are required to play and are included in the registration materials. Pre-registration is required. For more info please contact Lynette at awesomegoalsoccer@gmail.com

FEE: FREE
AGES: 5-18
REGISTRATION: Aug. 10-Sept. 11
SEASON: Oct. 4-Nov. 15
DAYS: Sundays
TIME: 2:00-3:00 p.m.
LOCATION: Opelika SportsPlex
COORDINATOR: Lynette Strickland

FALL 2015 ACTIVITY GUIDE

Ceramics Information

Ceramics Director: Shirley Caswell
(334) 705-5557

Hours of Operation

Monday-Thursday

9:00 a.m.-5:00 p.m.

Friday

8:00 a.m.-4:00 p.m.

Closed on the weekends

Pottery Information

Pottery Director: Sherie Spain
(334) 705-5558

Hours of Operation

Monday-Thursday

9:00 a.m.-8:00 p.m.

Friday

9:00 a.m.-4:00 p.m.

Closed on the weekends

Ceramics/Pottery Session Dates

REGISTRATION:

May 11-May 29

SUMMER SESSION:

June 1-July 30

No gym June 22-25

Ceramics/Pottery Policy Notes

Classes will be made up only if the instructor is absent.

Payment is due upon registration.

FALL 2015 ACTIVITY GUIDE

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Ceramics Club Membership

Adults work independently in the studio during center hours. Large selection of greenware, bisque and paint is available for purchase. Instruction available.

FEE: \$35/3 months

Cerami Kids I

FEE: \$30

AGES: 6 and up

DAYS: Monday

TIME: 3:30-4:30 p.m.

LOCATION: Denson Drive Rec.

Cerami Kids II

FEE: \$30

AGES: 6 and up

DAYS: Tuesday

TIME: 3:30-4:30 p.m.

LOCATION: Denson Drive Rec.

Cerami Kids III

FEE: \$30

AGES: 6 and up

DAYS: Wednesday

TIME: 3:30-4:30 p.m.

LOCATION: Denson Drive Rec.

Cerami Kids IV

FEE: \$30

AGES: 6 and up

DAYS: Thursday

TIME: 3:30-4:30 p.m.

LOCATION: Denson Drive Rec.

Cerami Kids V (Homeschoolers)

FEE: \$30

AGES: 6 and up

DAYS: Thursday

TIME: 1:00-2:00 p.m.

LOCATION: Denson Drive Rec.

Ceramics Holiday Special

FEE: \$10

DAYS: December 8-9

TIME: 3:30-4:30 p.m.

LOCATION: Denson Drive Rec.

Pottery

OPELIKA PARKS AND RECREATION

Pottery Membership

Membership is open to experienced pottery members. It is up to the pottery director to determine if a student is ready for membership or not. Clay is not included and must be purchased separately. This is an open independent study. Members can work during studio hours. Scheduled classes have priority of equipment. Members are encouraged to share their knowledge amongst themselves.

FEE: \$80/3 months

Adult Handbuilding

FEE: \$100 (includes clay)
DAY: Monday
TIME: 5:30-7:00 p.m.
LOCATION: Denson Drive Rec.

Adult Handbuilding

FEE: \$100 (includes clay)
DAY: Tuesday
TIME: 5:30-7:00 p.m.
LOCATION: Denson Drive Rec.

Adult Wheel

FEE: \$100 (includes clay)
DAY: Tuesday
TIME: 5:30-7:00 p.m.
LOCATION: Denson Drive Rec.

Adult Wheel

FEE: \$100 (includes clay)
DAY: Wednesday
TIME: 5:30-7:00 p.m.
LOCATION: Denson Drive Rec.

Adult Wheel

FEE: \$100 (includes clay)
DAY: Thursday
TIME: 5:30-7:00 p.m.
LOCATION: Denson Drive Rec.

Adult Wheel

FEE: \$100 (includes clay)
DAY: Friday
TIME: 10:00-12:30 p.m.
LOCATION: Denson Drive Rec.

Kids Handbuilding

FEE: \$60 (includes clay)
AGES: 9 and up
DAY: Tuesday
TIME: 1:00-2:30 p.m.
LOCATION: Denson Drive Rec.

Kids Handbuilding

FEE: \$60 (includes clay)
AGES: 9 and up
DAY: Wednesday
TIME: 3:30-4:30 p.m.
LOCATION: Denson Drive Rec.

Kids Handbuilding

FEE: \$60 (includes clay)
AGES: 9 and up
DAY: Thursday
TIME: 3:30-4:30 p.m.
LOCATION: Denson Drive Rec.

Kids Sit-N-Spin

FEE: \$60 (includes clay)
AGES: 9 and up
DAY: Tuesday
TIME: 3:30-5:00 p.m.
LOCATION: Denson Drive Rec.

Parent and Me Wheel

FEE: \$90 (includes clay)
AGES: 9 and up
DAY: Wednesday
TIME: 5:30-7:00 p.m.
LOCATION: Denson Drive Rec.

ANNUAL OPELIKA-AUBURN EMPTY BOWLS

SATURDAY, FEBRUARY 6, 2016

**DENSON RECREATION CENTER
1102 DENSON DRIVE, OPELIKA, AL
TICKETS \$10**

RECEIVE A ONE OF A KIND, HANDMADE CLAY BOWL AND ENJOY DELICIOUS SOUP FROM LOCAL VENDORS WHILE HELPING THOSE THROUGHOUT OUR AREA IN NEED. ALL PROCEEDS WILL BENEFIT THE FOOD BANK OF EAST ALABAMA. TICKETS CAN BE PURCHASED FROM OPELIKA POTTERY MEMBERS OR AT THE DENSON DRIVE REC. FOR MORE DETAILS PLEASE CONTACT:
SHERIE SPAIN, POTTERY DIRECTOR OR CHARLIE MABRY, ASSISTANT: (334) 705-5558

FALL 2015 ACTIVITY GUIDE

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Ballroom Dancing

Dance like the stars! Learn various ballroom styles of dance.

FEE: \$320 Private Class,
\$86 Group Class

REGISTRATION: Year round

SESSION: Begins in Aug.

DAYS: Sundays

TIMES: 1:00-2:00, 3:00-4:00 or
5:00-6:00 p.m.

LOCATION: Covington Center

INSTRUCTOR: Cody Wayne Foote

Ballroom Dancing

FEE: \$50/5 weeks

REGISTRATION: 1st day of class

SESSION 1: August 4-Sept. 1

SESSION 2: Sept. 8-Oct. 6

SESSION 3: Oct. 13-Nov. 10

DAYS: Tuesdays

TIME: 7:00-8:00 p.m.

LOCATION: Opelika SportsPlex

INSTRUCTOR: Cody Wayne Foote

Line Dancing

FEE: \$20/8 sessions

REGISTRATION: 1st day of class

SESSION 1: Sept. 3-Nov. 5

SESSION 2: Nov. 12-Feb. 11

DAYS: Thursdays

TIME: Beginner: 5:30-6:30 p.m.

Advanced: 6:30-7:30 p.m.

LOCATION: Opelika SportsPlex

INSTRUCTOR: Polly Black

FALL 2015 ACTIVITY GUIDE

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Cardio Tennis

Fast paced tennis class set to music designed for adults of all skill levels. Class combines cardio exercises and tennis. Exercises will involve tennis specific movement and footwork ladder drills. Great way to learn the game of tennis and get a cardio workout at the same time. Must have 3 people in each offering for class to be offered. For more information contact Morgan Holladay at 705-5556 (o), 728-0460 (c), or mholladay@opelika-al.gov.

FEE: \$50/month, 2 days a week

\$75/month, 3 days a week

\$100/month, 4 days a week

SESSIONS: Weekly, begins Aug. 3

DAYS:

Mon/Wed/Fri 9:00-10:30 a.m.

Sun 3:00-4:30 p.m.

LOCATION: Calhoun Tennis Center

Senior Adult Tennis

Lessons designed for Senior Adults wanting to learn the game of tennis or who are looking for a low impact form of exercise. Class covers 4 lessons. For more info contact Morgan Holladay at 705-5556 (o), 728-0460 (c), or mholladay@opelika-al.gov.

FEE: 30 minutes: \$60/month

1 hour: \$75/month

SESSION: Monthly, begins Aug. 3

TIMES AVAILABLE:

Mon/Wed/Fri: 8:00-9:00 a.m.

Mon/Wed/Fri: 10:30 a.m.-2 p.m.

Tues, Thurs: 8:00 a.m.-2:00 p.m.

Adult Swim Lessons

This class is designed for non-swimmers who want to learn how to swim and feel comfortable in the water.

FEE: \$50

AGES: 13 and older

REGISTRATION: Begins August 6

SESSION: October 6- November 3
(No Class Oct 27)

DAYS: Tuesday & Thursday

TIME: 6:15-7:00 p.m.

LOCATION: SportsPlex Pool

SportsPlex Adult Activity Center

Come have fun getting healthy and meeting other Recycled Teenagers. We offer: Silver Sneaker classes, low impact aerobics, healthy backs, bar bell classes, yoga, tai chi, water aerobics, educational classes, painting, tours of various businesses, trips that are one, two or three days long, two bus trips a year and one overseas trip. Cost of tours and trips vary.

MEMBERSHIP FEE:

\$75/ year for Opelika Residents

\$90/year for Non-Residents

Covington Senior Club

Trips, exercise and more for the young at heart!

FEE:

Opelika Residents- \$75/year

\$6.25/month

Non Residents-

\$95/year or

\$7.90/month

AGES: Senior Adult

COORDINATOR: Patrice Lipscomb

Adult Activities

OPELIKA PARKS AND RECREATION

Caregiver Support Group

Caring for a family member or loved one can be rewarding, but it's not easy. Whether you are the caregiver for your parents, spouse or a dependent child, this group is for you! Learn ways to cope with every day stresses of caring for someone. Gain tools and resources to help you on your journey. This program is open to the public.

DAYS: Last Monday of each month

TIME: 12:30 p.m.

LOCATION: SportsPlex AAC

Coping With the Holidays After a Loss

The holidays can be a challenge for anyone, but after the death of someone close to you it can be especially tough. Come join together to learn tips for this holiday season. Pre-registration is required. This event is sponsored by Opelika Parks and Recreation and Hospice Advantage EAMC. Fredricks Funeral Home provides lunch. Call Valeri White at (334) 705-2492 for more information.

FEE: FREE

DATE: Thursday, November 12

TIME: 11:20-1:00 p.m.

LOCATION: Opelika Sportsplex



Extreme Couponing

Learn how to save money with couponing and more!

FEE: \$15

REGISTRATION: Begins Aug. 3

DAY: Sept. 22

TIME: 5:00-7:00 p.m.

LOCATION: Covington Center

INSTRUCTOR: Pam Driver

Fitness Activities

Metabolism Testing

Using the body gem device, learn how many calories your body burns at rest and receive professional advice on exercise and diet in order to reach your fitness goals.

FEE: \$50

Personal Training

Trained professionals willing and able to help you meet any fitness goal. From weight loss to strength training, our trainers provide results. Use the code FALLPB to receive 10% off August-December.

RATES: As low as \$24/half hour
As low as \$35/hour

Fitness Testing

Using the MicroFit system, our trainers measure your strength, flexibility, body mass and cardiovascular endurance. You will receive a print out detailing your body's current level of fitness. Knowing where you are will help you get where you want to be.

FEE: \$25



Massage Therapy

Not only can massage relieve aches and pains associated with daily life, it can reduce anxiety and symptoms of depression, enhancing your quality of life. Massage types include Swedish, Deep Tissue, Sports, Pregnancy, Orthopedic, Hot Stone, and Chair.

RATES: As low as \$28/half hour
As low as \$46/hour

**FALL 2015
ACTIVITY GUIDE**

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Youth Swim Lessons

Class max of 20 swimmers per session.

FEE: \$50

AGES: 4-12

REGISTRATION: Begins August 6

SESSION 1: Sept. 1-24

SESSION 2: Oct. 6- Nov. 3

(No Class Oct. 27)

DAYS: Tuesday & Thursday

TIME: 5:30pm-6:15 p.m.

LOCATION: SportsPlex Pool

Swim School

Fitness lap swimmers, competitive swimmers, triathletes, cross-training athletes: learn the art of swimming “smarter not harder” with a coach’s feedback for improved technique and workouts. Lara Jackson, 13 time All American , 2 time NCAA Individual National Champion and current NCAA, American and US Open record holder in 50 yard Freestyle, will be coaching this class.

FEE: FREE to SportsPlex members

\$20/month for non-members

AGES: Adults

DAYS: Tuesday & Thursday

TIME: 6:30-7:15 p.m.

LOCATION: SportsPlex Pool

INSTRUCTOR: Lara Jackson

FALL 2015 ACTIVITY GUIDE

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Parent and Me Swim Lessons

Designed for parents interested in acquainting their children to the water in a fun and safe environment. Teaches infants and toddlers water adjustment, blowing bubbles, and under water exploration.

FEE: \$45

AGES: 6 months- 2 years

REGISTRATION: Begins August 6

SESSION: Sept. 14- Oct. 19

DAYS: Monday

TIME: 5:30-6:00 p.m.

LOCATION: SportsPlex Pool

Private Swim Lessons

Private swim lessons are concentrated, intensive, one-on-one swim training experiences that give new swimmers the maximum opportunity to quickly learn basic swim skills and give advancing swimmers the opportunity to gain quick insight on skill technique development. Private lessons are also the perfect way for a nervous child or adult to begin the process of conquering fear and learning to safely enjoy the water. Our availability for private lesson changes frequently and varies by instructor. If you are interested in scheduling private lessons, please email us at mjohnson@opelika-al.gov and we will help you find an instructor, day, and time that is right for you.

FEE: 5 Private Lessons \$100

10 Private Lessons \$190

Opelika Seadawgs Fall Swim Team

Practice for serious swimmers who want to stay in shape. This is a competitive program. Children must be able to swim. We will compete in optional meets.

FEE: \$40 per month

\$10 discount per sibling

AGES: 6-18

REGISTRATION: Begins August 6

SEASON: August 31st - 19th

DAYS: Monday-Thursday

Tues/Thurs- Dry Land Training,

Mon/Wed-Swimming

TIME: 4:30-6:30 p.m.

LOCATION: SportsPlex Pool

INSTRUCTOR: OST Coaches

Opelika USA Swim Team

Opelika USA team is a year round competitive swim team offering swimmers the opportunity to improve swimming skills and compete in meets across the south east. All coaches are members of United States Swimming. **Parents/Informational Meeting on Aug.10th at 6:00 p.m.**

FEE: \$50 monthly swimming fee

\$62 USA yearly registration fee.

AGES: 6-18

REGISTRATION: Begins August 6

SEASON: Aug. 10- Dec. 18th

DAYS: Monday-Thursday

Tues/Thurs- Dry Land Training,

Mon/Wed-Swimming

TIME: 4:30-6:30 p.m.

LOCATION: Opelika SportsPlex

Adult Swim Lessons

See Adult Activities, Page 8

Bulldog Youth Football

League age is determined by age as of Sept 1st. Birth Certificate required. OPR leagues are weight restricted for participation. Weight limits are strictly enforced. Supplies needed: Shoes, mouthpiece, pants & pads for pants. Supplies provided: Helmet & Shoulder pads **Equipment is limited due to size and number of participants - Parents may have to purchase all equipment.

FEE: \$40

AGES: Bullpups: 5-7 years

Bulldogs: 7-9 years

REGISTRATION: June 1-August 19

DAYS: Saturdays, some weekday games required

TIME: 8:30 & 10:30 a.m. games

LOCATION: Bulldog Stadium and Moore Stadium

COORDINATOR: Tommie Agee

Bulldog Youth Cheerleading

Go Team Go! Cheer on your youth football team!

FEE: \$10 Registration Fee
+ \$70 Uniform Fee

AGES: K-3rd Grade

REGISTRATION: Begins July 6

SESSION: Begins Aug. 2015

DAYS: Saturday mornings

TIME: 8:00 games

UNIFORM SIZING: Aug 22, 9-12
at Covington

LOCATION: OHS Bulldog Stadium

INSTRUCTOR: *Sponsors Needed*

Midget League Football

League age is determined by age as of Sept 1st. Birth Certificate required. OPR leagues are weight restricted for participation. Weight limits are strictly enforced. Supplies needed: Shoes, mouthpiece & pads for pants. Supplies provided: Helmet & Shoulder pads **Equipment is limited due to size and number of participants - Parents may have to purchase all equipment.

FEE: \$40

AGES: 9-12

REGISTRATION: June 1-August 19

DAYS: Mon, Tues, Thurs
and some Sat.

TIME: 5:30 and 6:30 p.m. games

LOCATION: Bulldog Stadium and Moore Stadium

COORDINATOR: Tommie Agee

Midget League Cheerleading

Go Team Go! Cheer on your youth football team!

FEE: \$10 Registration Fee
+ \$70 Uniform Fee

AGES: 4th-7th Grade

REGISTRATION: Begins July 6

SESSION: Begins Sept. 2015

DAYS: Mon, Tues and Thurs

TIME: 5:30 and 6:30 games

UNIFORM SIZING: Aug 22, 9-12
at Covington

LOCATION: Moore Stadium

INSTRUCTOR: *Sponsors Needed*

A 10% FEE INCREASE WILL BE APPLIED TO REGISTRATIONS FROM ALL OUT OF TOWN GUESTS

Fall Soccer

Recreation level league play for girls and boys. Experience team sports in a fun, non-competitive environment. Shin guards and ball are required to participate. Equipment packages available for purchase on 1st day of practice.

FEE: \$45 (includes jersey, shorts, and socks)

AGES: 3 years-7th grade

REGISTRATION: August 10-21

PRACTICE: Begins early Sept.

LOCATION: Opelika SportsPlex

COORDINATOR: Missy Martin

Softball Academy

Designed to develop and advance softball skills and knowledge.

FEE: \$45

AGES: 3rd-6th grade

REGISTRATION: August 3-14

SEASON: Aug. 17-Oct. 9

DAYS: TBA (2 nights per week)

LOCATION: Westridge

INSTRUCTOR: Angela Mills, OMS

**FALL 2015
ACTIVITY GUIDE**

Jr Basketball

Player evaluations Sat., Dec. 12th.
Practice begins January 3rd.

FEE: \$40

AGES: Boys 1st-3rd grade
Girls 1st-2nd grade

REGISTRATION: Oct. 12-23

SEASON: January-March

DAYS: Saturdays

TIME: 8 a.m.-12 p.m.

LOCATION: SportsPlex/Covington

Youth Basketball

Player evaluations week of Nov. 16
Practices begin week of Dec. 1

FEE: \$40

AGES: Boys 4th-7th grade
Girls 3rd-7th grade

SEASON: November-March

DAYS: Monday-Friday

LOCATION: SportsPlex/Covington

High School Basketball

Players must not be a member of the OMS or OHS Teams.

FEE: \$40

AGES: 8th-12th Grade Boys & Girls

REGISTRATION: Begins Nov 2nd

SESSION: Begins January 2016

DAYS: Boys- Tues/Thurs

Girls- Mon/Wed

TIME: 5:00 7 6:00 games

LOCATION: Covington Center

INSTRUCTOR: **Coaches Needed*

**FALL 2015
ACTIVITY GUIDE**



Karate

An exam will be offered at the end of the session to those who desire to advance to the next rank level. For advancement at Orange Belt level and above a \$20 fee is required at the time of the test (includes a new belt and JIKC official certificate award).

FEE: \$75/12 weeks

\$10 discount for siblings

AGES: 6 and up

SESSION: Aug. 18-Nov. 20

DAYS: Tuesday and Thursday

TIME: 6:00 p.m.

LOCATION: Opelika SportsPlex

Beginner Youth Tennis

Introduce the game of tennis through fun drills and instruction.

FEE: \$40/month

\$10 discount for siblings

AGES: 1st-5th grade

DAYS: Fridays

TIME: 4:00-5:00 p.m.

LOCATION: Calhoun Tennis Center

INSTRUCTOR: Morgan Holladay

Homeschool Tennis

Lessons designed for Homeschool families who are interested in learning tennis. For more info contact Morgan Holladay at 705-5556 (o), 728-0460 (c), or mholladay@opelika-al.gov.

SINGLE CHILD FEE:

30 min: \$60/month

1 hr \$75/month

MULTIPLE CHILDREN FEE:

30 min: \$20 per child

1 hour: \$25 per child

SESSION: Monthly, begins Aug 3rd

TIMES AVAILABLE:

Mon/Wed/Fri: 8:00-9:00 a.m.

Mon/Wed/Fri: 10:30 a.m.-2 p.m.

Tues/Thurs: 8:00 a.m.-2:00 p.m.

Cardio Tennis

See Adult Activities, Page 8

Senior Adult Tennis

See Adult Activities, Page 8

A 10% FEE INCREASE WILL BE APPLIED TO REGISTRATIONS FROM ALL OUT OF TOWN GUESTS

Tumbling Session Dates

FALL REGISTRATION:

July 20-Aug. 7

FALL SESSION:

Aug. 10-Oct. 1

No gym Sept. 7

HOLIDAY REGISTRATION:

Sept. 21-Oct. 16

HOLIDAY SESSION:

Oct. 19-Dec. 17

No gym Nov. 23-26

CLASS PLACEMENT TESTING

July 27-30 and Sept. 28-Oct. 1

Beginner Tumbling

FEE: \$60/1 day per week
\$95/ 2 days per week
\$130/3 days per week

AGES: 5 and up

DAYS: Monday-Thursday

TIME: 2:45-3:30 p.m.

3:30-4:15 p.m.

4:15-5:00 p.m.

5:00-5:45 p.m.

LOCATION: Denson Drive Rec

Parent and Me Tumbling

See Preschool Activities, page 3

Tumble Tots

See Preschool Activities, page 3

Advanced Beginner Tumbling

Must have all beginner level skills, including back roll, strong cartwheel and strong handstand. Must have coach approval.

FEE: \$60/1 day per week
\$95/ 2 days per week
\$130/3 days per week

AGES: 5 and up

DAYS: Monday-Thursday

TIME: 2:45-3:30 p.m.

3:30-4:15 p.m.

4:15-5:00 p.m.

5:00-5:45 p.m.

LOCATION: Denson Drive Rec

Intermediate Tumbling

Must have beginner skills, handstand forward roll, roundoff and power hurdle roundoff. Must have coach approval.

FEE: \$60/1 day per week
\$95/ 2 days per week
\$130/3 days per week
No gym Sept. 7

DAYS: Monday-Thursday

TIME: 3:30-4:30 p.m.

4:30-5:30 p.m.

LOCATION: Denson Drive Rec

Advanced Intermediate Tumbling

Must have strong power hurdle roundoff and light spot on back handspring. Coach approval required.

FEE: \$60/1 day per week
\$95/ 2 days per week
\$130/3 days per week

DAYS: Monday-Thursday

TIME: 3:30-4:30 p.m.

4:30-5:30 p.m.

LOCATION: Denson Drive Rec

Advanced Tumbling

Must have roundoff backhandspring on floor without spot and series backhandsprings on tumble track. Must have coach approval.

FEE: \$60/1 day per week
\$95/ 2 days per week
\$130/3 days per week

DAYS: Monday and Wednesday

TIME: 6:30-7:30 p.m.

LOCATION: Denson Drive Rec

Cheer Prep Tumbling

Middle school and high school kids wanting to learn backhandsprings and other higher level skills.

FEE: \$60/1 day per week
\$95/ 2 days per week
\$130/3 days per week

DAYS: Tuesday and Thursday

TIME: 6:30-7:30 p.m.

LOCATION: Denson Drive Rec



FALL 2015 ACTIVITY GUIDE

THIS FALL COME CHEER ON YOUR FAVORITE TEAM AT COVINGTON RECREATION CENTER



**\$10 PER PERSON
AGES 7-12**



Game days and times are TBA
Call (334) 705-5550 for more information

THE GREAT PUMPKIN SPLASH

The Opelika SportsPlex Pool will turn into the Great Floating Pumpkin Patch in October!

**Friday, October 23rd
6:00-8:00 p.m.
Ages 6-12**

Only
\$4!



Pick your pumpkin from the pool.
Kids can enjoy Harvest Relay Races, the pumpkin roll, prizes and more!
Must pre-register by Oct. 20th!

Be a Santa to a Senior

Home Instead Senior Care partners with local non-profit and community organizations to identify seniors who might not otherwise receive gifts this holiday season. Home Instead then works with local businesses and retail stores to help facilitate the purchase and distribution of gifts by placing trees and ornaments within their various locations. Each senior's gift requests are written on a Be a Santa to a Senior tree ornament.

Here's how to help an underserved senior:•

- 1) Visit our trees at the Opelika Sportsplex beginning the week of Thanksgiving.
- 2) Remove an ornament.
- 3) Purchase the gift.
- 4) Bring the ornament and gift back to the Sportsplex
- 5) It's that easy!

**Wrapping Party
at the Opelika Sportsplex
DATE TBA**

Volunteers collect wrap and deliver the gifts to the participating seniors.



OPR'S FIRST GEOCACHING EVENT

**NUMEROUS NEW GEOCACHES WILL BE RELEASED AT
OPELIKA RECREATION FACILITIES AND PARKS.**

BEGINS SATURDAY, SEPT. 5TH

PRIZES AND MORE!

**PARTICIPANTS MUST USE A PHONE OR CAMERA TO
PHOTOGRAPH THEMSELVES WITH EACH FIND.**

**FOR MORE INFORMATION AND THE COMPLETE LIST OF RULES PLEASE
VISIT WWW.OPELIKA.ORG/OPR**



FALL FESTIVAL CHILDREN'S CARNIVAL

**TUESDAY, OCTOBER 27TH
5:30-8:30 P.M.**

**OPELIKA SPORTSPLEX
W. JAMES SAMFORD JR SOCCER COMPLEX
CHILDREN 12 AND UNDER**

A SAFE ALTERNATIVE TO TRICK OR TREATING. CHILDREN WEAR COSTUMES AND BRING A TREAT BAG. VISIT WITH LOCAL MASCOTS AND CHECK OUT NEW FEATURES THIS YEAR!

**HAYRIDES, PRIZES, GAMES, RIDES AND ENTERTAINMENT.
INFLATABLE SLIDES, SPECIAL BOOTHS AND EXCITING EVENTS!
BRING THE WHOLE FAMILY OUT FOR A NIGHT OF FOOD, FUN
AND FELLOWSHIP.**



PARKS & RECREATION
CITY OF OPELIKA, ALABAMA